



IIHMR University, Prabhu Dayal Marg, Near Sanganer Airport, Jaipur – 302029

Date: 27/02/2025

CIRCULAR

“Accelerating Actions towards Healthy Eating” – International Women’s Day/Week 2025

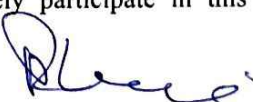
As part of the International Women’s Day/Week 2025 celebrations, IIHMR University, Jaipur, will organize a seminar titled “Accelerating Actions towards Healthy Eating” on Tuesday, 4 March 2025, at the Old Auditorium, IIHMR University.

The seminar is being organized by the S.D. Gupta School of Public Health, in collaboration with the Centre for Gender Studies, coordinated by the GemPower Committee, with support from Gender Champions.

The session will be delivered by Dr. Vineeta Bansal, Associate Professor, Department of Clinical Nutrition and Dietetics, Mahatma Gandhi Medical College and Hospital, Jaipur. The discussion will focus on the importance of healthy eating, the relationship between diet and overall health, nutrition-related public health concerns, and practical dietary strategies for individuals staying away from home.

The seminar aims to empower women and girls to adopt healthy dietary practices and accelerate action towards improved nutritional well-being.

Faculty members, students, and staff are encouraged to attend and actively participate in this informative session.


President

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